



DISTRIBUTION REPORT
2014-2019

Distributing small grant funding of up to £3,000

BCBN launched its Grant Initiative in 2014, enabling us to increase our support to local community projects and initiatives by providing small grant awards to empower UK charities.

The Grant Initiative aims to improve the quality of life and expectations of people and their communities, especially those who come from disadvantaged or socially deprived backgrounds. The grants are awarded to UK charities working in fields such as education, citizenship, disability support, poverty alleviation and community development.

Your donation to BCBN's Grant Initiative will enable us to distribute grant awards to community initiatives across the UK that are able to demonstrate the positive impact they have on the community. We operate a 100% donation policy for our Grant Initiative, every penny you donate will be awarded to the community projects we support and empower. BCBN does not profit from your Grant Donation, all our expenses and admin fees are covered by the Board of Trustees.

Apply for BCBN Grant funding by visiting:
bcbn.org.uk/grantinitiative



Grant Distributions

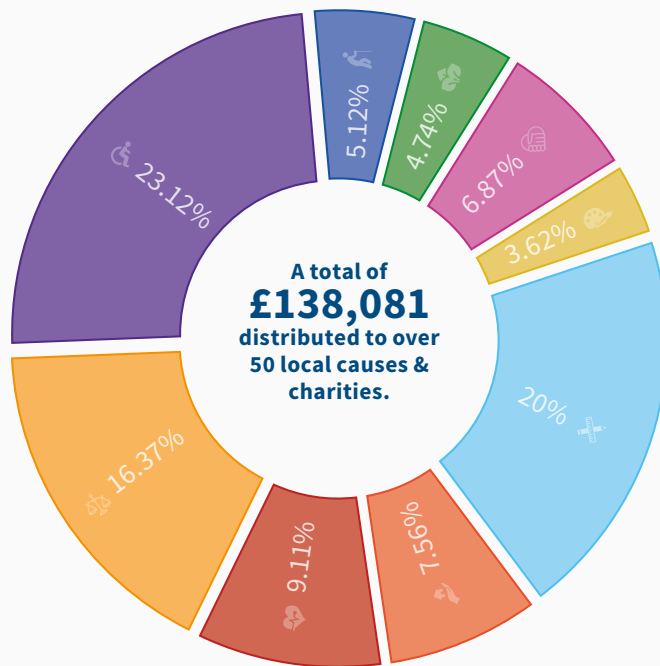
Category	Organisation Name	Project Funded	Funding Amount
Art & Culture	Art4Space	Mosaic community art installation workshops with local residents - elderly and school children, celebrating local history	£3,000
	The Rainbow Trust	Arts and crafts materials for children with life threatening or terminal illnesses	£3,000
Disability	Al - Isharah	Deaf Run awareness event	£3,000
	Challengers	Play activities and equipment for summer holiday day scheme for 4-12 year olds	£2,788
	Muffins Dream Foundation	Horse riding sessions for children with disabilities	£2,700
	Muhsin School Of Martial Arts	Martial art fitness sessions for students with special needs or physical/ mental disabilities	£2281.28
	New Hope Worcester	Purchase of a hoist supporting children in wheelchairs	£3,000
	Sense for Deaf Blind	Purchasing sensory equipment for children with deaf-blindness, encouraging them to use their remaining vision and light perception	£2,923.20
	The Garwood Foundation	Mobility hoist to assist children with disabilities on outings	£2,025
	Parkside Aldershot	Parkside Aldershot: A new dishwasher for a community centre that provides support services for over 200 children and adults with learning disabilities.	£2,617
	Wingate Special Children's Trust	Purchasing a hoist supporting children with disabilities.	£2,570.38
Education	Basingstoke & District Disability Forum	Presenting films on disability and disability awareness in schools	£995.58
	Black Princes Trust	Refurbishing 'The Space' at the Black Prince Hub for a local homework club	£3,000
	Chrysalis Manchester	One day conference on dangers of human trafficking	£3,000
	Greater Manchester Law Centre	A law centre offering free, independent legal advice and representation	£2,950
	HAAYA	Supplementary Saturday school teaching national curriculum subjects	£3,000
	Muslim Women Connect	A Mentorship Programme for Muslim women providing master-class sessions on leadership, CV skills, career planning and confidence building	£3,000

Education	Made in Europe	Living below-the-line poverty campaign	£3,000
	New Hope Lodge	Providing educational and employment opportunities to young adults 19-25 years with complex learning disabilities	£2,991
	100 Black Men	Mentoring sessions for youth and parents, on mental health and well-being, and financial management.	£2,960
	St. Giles Trust	Gang preventative youth workshop in Southwark schools.	£3,000
	You Make It	An empowerment programme for 25 young unemployed and marginalised women from largely BAME backgrounds living in East London to build the confidence, networks and knowledge to become active socially and economically.	£2,960
	Time Bank & Acorns Hospice	Consultation sessions for young people with life limiting illnesses during their transition into adulthood.	£3,000
Elderly	Age UK	Winter Warmth campaign - purchasing staying-warm packs, blankets, electrical heaters, cold alarm alerts and supporting individuals living in fuel-poverty	£3,000
	Metro Blind Sport	Purchase of coloured bowling balls for blind and partially-sighted people who can have the opportunity to take part in sport	£1,215.04
	Muslim Aid	Insulating homes of elderly people by purchasing 1,552 radiator reflectors and 400 draught excluders, helping 326 households and 773 fuel-poor beneficiaries	£2,995.36
	Swanwick Luncheon Club	Purchase of 6 coffee tables for social morning time helping elderly people out of isolation	£489
Environment	Newark Emmaus Trust	Delivered a practical skills workshop teaching young people how to recycle furniture.	£2,354
	Leeds Jewish Welfare Board	Developing a therapeutic natural environment allotment for the community	£3,000
	MADE	Purchase of litter picking items, enabling 397 students to participate in the national 'Keep Britain Tidy' campaign as well as delivered school assemblies to over 1000 students.	£2996.68
Ex-offenders	Mosaic & Millwall FC	Ex-offender Mentor Programme	£5,000
	The Salam Project	12-month offenders' project to connect individuals to employment, hardship grants, and accredited training	£1,570
	Penal Reform International	Producing and publishing a guide to promote women's mental health in prisons targeting prison staff in partnership with Prison Reform Trust UK	£3,000
	Khidmat Centre	Muslim Women in Prison Project, creating short stories of Muslim women offenders and their families, and telling stories that are very hidden from the public domain, largely due to cultural taboo, shame and dishonour. The short film will serve to create awareness of the issues involved within the community and among providers.	£2,960

Health	Black Prince Trust	Free community sports/health/exercise sessions for the elderly in the local community.	£3,000
	Care in Mind	Classes and equipment for weekly sessions for exercise therapy to improve body movement and psychological state	£1,586.84
	Charlton Athletic Community Trust	Summer holiday healthy food provision programmes for 10-19 year olds tackling obesity and improving health in Greenwich area	£884
	Children of Jannah	Community support session for bereaved parents	£3,000
	Early Break	Provided a therapeutic space for young people suffering from alcohol and substance misuse drop-in sessions	£1074.08
	Inter Madrassah Organisation	Supporting men aged 18+ with mental health problems in Blackburn	£ 2,965
	Katharine House Hospice	Nimbus mattress for in-patient unit	£2,730
	Muslim Women of Merton	Delivered a seminar raising awareness of health benefits affecting Muslim women and provided sports equipment for fitness sessions.	£610
Homelessness & Poverty	Al-Mizan Charitable Trust	Baby kits for mothers living in poverty and Back to School Packs for school children	£2,678.10
	Cambridge House	Hot food workshop and youth empowerment programme delivering long term support for marginalised 16 to 25 year olds.	£2,850
	Family Food Bank: AWTF	4 week supply of dry and fresh food for destitute children and families	£3,000
	Feed the Need	Distributing nutritional food and sleeping bags to the homeless and needy	£3,000
	Newark Emmaus Trust	Furnishing of a five-bed property to accommodate homeless young people	£2,900
	Northampton Hope Centre	Providing cost reduced food in a highly deprived area	£3,000
	Sufra Foodbank	Food Academy helping young people into education, employment and training	£800
	The Refugee Council Youth Services	Funding to meet urgent needs such as travel, food, medicine of asylum-seekers and refugees	£3,000
	Watford Food Bank	3-day emergency food parcels for families in crisis	£3,000
Social Cohesion	9th Southside Scouts Group	Activity equipment for a Muslim Scout group	£3,000
	Mercy Mission	300 Eid Gift boxes for non Muslim foster carers	£2,850
	NASSA International	Debate2Lead program in schools across Newham with the aim to equip young people with the capacity and initiative to promote change in their community through Social Action	£3,024

Grant Overview

BCBN's Grant Initiative has distributed grant awards to over **50 charities** and community groups since September 2014. Thousands of people within the UK have benefited with your support.



Education

£29,000 was spent on improving education within the wider community.



Ex-Offender

More than **£10,000** has been spent on rehabilitating ex offenders.



Health

At least **40%** of BCBN's funding has been spent on mental health and well-being support services



Disability

More than **£30,000** was spent supporting those with disabilities.



Homelessness & Poverty

More than **£20,000** was given to charities supporting homelessness and poverty.



Grant Testimonies

“The grant from BCBN enabled play for disadvantaged children in and around Kingston this summer. Play is an essential part of a child's life and is vital for their healthy growth and development. The communication skills, co-ordination and confidence that children gain from attending our Play schemes are important in later life.”

Disability Challengers, Kingston



“BCBN's funding has been vital in helping more bereaved parents access Children of Jannah's Life After Loss support groups to develop positive coping strategies and reduce the pain and feelings of isolation and numbness experienced on their grief journeys. Thank you so much BCBN.”

Children of Jannah, Manchester





BCBN Grant Initiative in Focus



Khidmat Muslim Women in Prison Project

Khidmat Centres seeks to enable grassroots communities to maximise their potential. At the heart of this, Khidmat Centres aspires to tackle difficult and often overlooked causes such as disability, gender equality, age discrimination and criminality.

BCBN funded the making of a ground-breaking short film with Muslim women post prison release to document their experiences of incarceration. Part of this was to look at cultural barriers to resettlement such as the concept of shame, family and community dishonour.

The film employed the unheard voices of family members to demonstrate the wider ripple effect of incarceration on family members. The aim of the project is to raise awareness of particular challenges affecting Muslim women prisoners, where often BAME women remain invisible in the system. To destigmatise the issue of Muslim women prisoners and prompt dialogue and discussion.



Duke and Duchess of Cambridge visit Khidmat, Bradford Centre



Reshma's Case Study

Reshma lived in a family set up where she suffered years of abuse, in her own words, “from the very people who were supposed to protect me.” Within this toxic environment she witnessed an incident where someone was murdered. She was too scared for her own life to speak out. Her silence resulted in her being prosecuted and receiving a four-year custodial sentence.

Her feelings of being a victim of a miscarriage of justice and her daily struggle with prison life were so overwhelming that she started to self-harm, using anything she could find. She tried to take her own life. She was reaching out for help but felt like none of the prison staff could really understand her.

She was very anxious about leaving prison because she had no family or friends to go out to and nowhere to go. It was the first time in her life that she would be independent and was scared of tackling through life on her own. The support from Muslim Women in Prison project was crucial and timely. She felt the project gave her a purpose to live, and belief that she had a future.

Reshma feels like her success upon release is due to the support she got from Muslim Women in Prison project. They helped give her stability, security and a new ‘work family’. With support from the project and Reshma’s new perspective in life, her self-harm as reduced significantly. She has successfully completed further education, plans on starting university soon and is an active community volunteer.

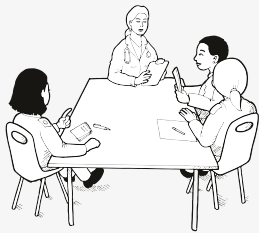


Penal Reform International Mental Health Guide

Penal Reform International (PRI) is an independent non-governmental organisation that develops and promotes fair, effective and proportionate responses to criminal justice problems worldwide.

With the support of BCBN and the Eleanor Rathbone Charitable Trust, Penal Reform International (PRI) in partnership with the Prison Reform Trust (PRT), has published a guide for prison and probation staff to help them understand how prison life can affect a person's mental health, with a particular focus on women.

The guide aims to break down the stigma and discrimination attached to poor mental health, especially for women in prison.



Nearly **60%** of women in prison who have had an assessment in England and Wales report having experienced **domestic violence** and **53%** say that they have experienced emotional, physical or **sexual abuse** during childhood. These are likely to be underestimates.

“ *A high proportion of women in prison have poor mental health. Prison staff have an important role to play in protecting and promoting health and well-being in prison. The guide aims to break down the stigma and discrimination attached to poor mental health, especially for women in prison by providing practical guidance to prison staff on the many ways to support the mental well-being of women in prison, on a daily basis and at a more institutional level* **”**

Olivia Rope, Director of Policy and International Advocacy at PRI.

Full report:

www.penalreform.org/resource/women-in-prison-mental-health-and-well-being-a-guide-for-prison-staff/

