## MUSLIM MIND COLLABORATIVE STAKEHOLDER & COMMUNITY CONSULTATION



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BCBN in collaboration with Mind in The City Hackney & Waltham Forest (CHWF) are inviting community leaders, subject area experts and service providers to complete this survey to help us identify and action practical steps in building upon the learning and recommendations highlighted in BCBN and the University of East London's recent report, 'Hidden Survivors: Uncovering the Mental Health Struggles of Young British Muslims'. The aim being to improve service delivery to ensure all the Muslim community have a fair and adequate pathway to support and recovery for their mental health and well-being.

BCBN and Mind CHWF are working together to develop 'Muslim Mind', which aims to build a collaborative of faith-based and mental health service providers, community leaders and professionals that highlight, advocate and support the mental health and positive well-being of Muslim communities across the UK.

Responses from this survey, and the work undertaken as part of the wide-scale research, will go onto inform the formation and work of Muslim Mind to produce a truly evidence and experience-informed collaborative.

## 'Muslim Mind Collaborative'

The objectives of the Muslim Mind collaborative:

- Improve faith literacy in Mental Health services to increase awareness and competence, improve user access and experience for better service engagement and health outcomes
- Promote diversity, inclusivity and representation in work places/ service providers e.g. review/ assess recruitment policies and retention of staff from BAME communities
- Promote and implement the recording of faith data to better understand needs and proportionality
- Encourage and uphold specialist research on minority/ faith communities for continued learning and advocacy
- 5. Facilitate 'person-centric', faith and culture competency training\*
- Form a multifaceted Muslim Mind website which provides a directory of specialist and mainstream mental health and well-being

- support services. Share informative resources and toolkits for organisations/ services seeking to improve understanding, inclusivity and representation of Muslim mental health and well-being. Highlighting relevant research and shared learning. A platform for advocacy and community events or activities to help service users and providers stay informed, connected and engaged
- 7. Identify and support a funding gap agenda and opportunities
- 8. Enhance the role of charities/ philanthropists and beneficial partnerships to support collaborative work, increase engagement, representation and outreach
- Build upon relevant policy narratives and recommendations to enhance advocacy and service improvement so the mental health of BAME/faith communities is pushed further up the policy agenda

<sup>\*</sup> Supporting a greater understanding of the cultural issues and the intersectionality of faith, ethnicity and gender on service provision and outcomes

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Your insights and feedback are vital in shaping the future Muslim Mind collaborative that will provide a platform for learning, discussion, support and facilitation. This survey is the first stage of the process to increase awareness of the mental health issues facing Muslim communities and the need for access to culturally and faith appropriate support services and resources.

The information you provide will inform and establish a community-led approach to a single "Muslim Mind Collaborative", addressing the gaps and barriers around service delivery and access, creating viable partnership opportunities and outreach, seeking adequate pathways of support and integration and forming sustainable outcomes for long-lasting impact.

We are asking a wide range of organisations, services/and professionals to complete this survey so that we provide the opportunity to highlight their work/ services. We will then be inviting representatives/ key organisations to participate in smaller focus groups to share best practice, build upon recommendations and support service design.

## How to complete the survey

Please complete the full survey, answering all questions. You may find it helpful to liaise with others in your organisation/service or partnership if applicable. You may also share the survey with other mental health service providers working with Muslim communities and invite them to highlight their work and achievements for an opportunity to participate in shaping and developing a future Muslim Mind Collaborative.

**Part 1** Consists of questions regarding feedback on the Hidden Survivors report and recommendations. The report highlights survey findings, learnings and recommendations in relation to mental health and well-being of young British Muslims.

**Part 2** Consists of questions about your organisation/service in order for us to be able to profile current service provision. Your input and support can help us inform the service design and undertakings of a Muslim Mind Collaborative, working across sectors in supporting the mental health and well-being of Muslim communities across the UK.

https://www.surveymonkey.co.uk/r/QWGZJS3

Please note that survey results will be shared with BCBN and Mind, partners of the Muslim Mind Collaborative. Thank you in advance for your participation, we will be in touch in due course.

If you would like further updates on the work of BCBN and/ or the Muslim Mind Collaborative please join our mailing list <a href="http://eepurl.com/bQ4NFi">http://eepurl.com/bQ4NFi</a>